



## What Chiropractic Can Do for You

Chiropractic is the branch of the healing arts that deals with structure and function. Chiropractors have found that when there is pressure along the spine, irritating and interfering with the nerve, this pressure will cause pain (function). It is highly probable that it will affect muscles, joints, blood vessels, organs and glands (structure).

We believe that good health depends on several factors, one of which is the normally functioning nervous system. The chiropractic philosophy teaches that within the body, there are well-established 'survival mechanisms' designed to maintain a state of good health. This *innate intelligence* is working in your body all the time, even when you are not aware of it. This process is compromised when the protecting mechanisms are *interfered with* as in the case of spinal misalignments.

Fortunately, we can correct these misalignments (subluxations) with spinal manipulation of specific bones called an "**adjustment**". *In our office, we utilize many of the traditional techniques such as:*

- *Kinesiology*
- *Gonstead*
- *Diversified*
- *Thompson*
- *Flexion Distraction or Disc Decompression*

*...as well as the modern low force gentle techniques and instrument methods.*

Our doctors will customize your care plan and technique to suit your specific needs.



## DISCOVER • CHIROPRACTIC

“The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease.”

- Thomas Edison