



7 Habits of Highly Attractive People

The law of attraction is this: You don't attract what you want. You attract what you are.

– Dr. Wayne Dyer

Quick Question: Have you ever wondered what makes someone attractive?

It's commonplace for us to place a particular emphasis on certain things – intelligence, looks, humor, etc. – and for good reason. Human beings are wired to search for certain attributes in someone else when determining who we invite into our lives.

But for many of us, we can't *quite* articulate what makes someone attractive. Many of us “just know.” Call it a gut feeling or intuition, but we know it when we feel it.

Attraction is a broad and complex thing. It can be:

- intimate or platonic
- physical or emotional
- rational or emotional

Some of us are attracted to people that ultimately end up hurting us – something that is perplexing and inexplicably inviting at the same time. Some of us are attracted to people that imitate our values, aspirations and purpose. Some of our inclinations and thoughts evolve, including on what makes someone attractive or unattractive.

**Individualistic tendencies aside,
there are certain *behaviors* that tend to attract more people than they repel.**

Most of us would agree that spending time with someone that is negative and pessimistic is not something we'd enjoy. We're repelled by these types of behaviors, which are unattractive to say the least.

On the other hand, we appreciate the people in our lives that display genuinely positive behaviors and actions. This leads us to the topic at hand: *what makes for an attractive personality.*

Here are 7 Habits of Highly Attractive People

Every survival kit should include a
SENSE OF HUMOR.

1. A Sense of Humor

This life can be difficult at times. We're faced with various challenges that test even the strongest among us.

As such, the ability to ease up and laugh once in a while is an important attribute.

This laughter can be directed towards others or ourselves, as long as there are good intentions behind such actions. Needless to say, a sense of humor is incredibly attractive – both in friends and potential mates. Who wants to be around a stiff all the time?



a **passion** for life

2. A Passion for Life

Most of us appreciate the passion that others embody. Passion breeds purpose, which in turn breeds direction and enthusiasm.

To say that life is nothing without a passionate outlook is not an overstatement – we all need something to live for, even struggle for.

Passion is attractive because it's often selfless. We can navigate the turbulence of life when we deeply believe in a purpose – be it friends, family, love, work or something else.



3. A Strong Decision-making Ability

Decisiveness is attractive because it shows a sense of direction.

This attribute is perhaps most attractive in a potential mate, as the ability to make a difficult decision is something that will ultimately come about.

Rashness, on the other hand, is not attractive. Rational decisiveness is an attractive and increasingly uncommon trait to find in someone else.



4. Showing Kindness Towards Others and Self

We strive to be around people that are kind towards others.

For many of us, not only is it an attraction, but a requirement. This means being kind to strangers and friends alike. Showing empathy and displaying random acts of kindness is what it means to be a good human being.

Open Minded

5. Having an Open Mind

Closed-mindedness is a sign of ignorance – something that most of us detest.

Why do many of us think of politics and organized religion as emotionally draining? Among many reasons is the division created between groups of people. An open mind can resolve many of these divisions, if only we'd be willing to more widely examine the notion as a society.

“CONFIDENCE,
wear it like *makeup*”

6. Displaying Confidence

This can be a difficult one in practice. Most (all?) of us have insecurities, but some are able to focus on the things that make them a good person.

Further, we want to *be around* people that have confidence in themselves, as they're often able to make even the most insecure person comfortable.

Confidence is not only attractive, it's contagious.



7. Accepting of Others

Many of the world's problems today can be attributed to one thing: the inability to accept people for who they are. How many conflicts are going on *right now* because of the unwillingness of one group of people to simply accept another group? Needless to say, those that are accepting to others have a tendency to attract those of the same ilk.

When someone is accepting of others, they're more likely to display love towards others.

**Do You Recognize Yourself?
Do You Possess Any of These Traits?**

Bottom Line: Are you Attractive?